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## ACUPUNCTURE & HERBAL THERAPIES

## INFORMED CONSENT

Acupuncture - It is important to acknowledge the differences between the health care specialties of Acupuncture, Chiropractic and Medicine. Acupuncture can be defined as "the art and science of promoting, maintaining or restoring health. It includes diagnosing and treating disease based on traditional Oriental medical concepts of treating specific areas of the human body, known as acupuncture points on meridians (pathways), by performing any of the following practices: 1) Inserting acupuncture needles; 2) Moxibustion; 3) Applying manual, thermal, or electrical stimulation or any other secondary therapeutic techniques." The law in Wisconsin also allows for the Acupuncturist to use the following related modalities: Acupressure, low level laser therapy\*, and herbal medicine.\*\* (Wisconsin Statues-Chapter 451.01)

Although acupuncturist and herbalists are trained to differentially diagnose a wide variety of health disorders, they are not trained as internal medical specialists. As such, every acupuncture/herbal patient needs to be mindful of his/her own symptoms and should secure other opinions if he/she has any concern as to the nature of his/her total condition. Your acupuncturists may express an opinion as to whether or not you should take this step (referral to a licensed M.D. for further diagnostic evaluation), but you are responsible for the final decision.

A patient, in coming to an Acupuncturist, gives the Acupuncturist the permission and authority to care for the patient in accordance with Acupuncture analysis and guidelines. Acupuncture treatments, including needle insertion, and adjunctive clinical procedures are considered to be safe and conservative treatment. These forms of treatment are usually safe and conservative treatment. These forms of treatment are usually beneficial and seldom cause any problems, however, in rare instances a patient may experience some pain or minor bruising at the site of needle insertion, mild nausea during or after treatment, and there is also and extremely remote possibility of a broken needle. (If this should happen, the appropriate specialist would be consulted immediately to remove the needle). The Acupuncturist, of course, will not render acupuncture service in cases where it would be inappropriate. The Acupuncturist provides a specialized, non-duplicating health service. The Acupuncturist is licensed in a special practice and is available to work with other types of providers in your health care regime.

Mark S. Ensweiler, D.C., L. Ac. is duly licensed in the state of Wisconsin to practice as a Chiropractor and Acupuncturist. He is certified as a National Board Diplomate in bother Acupuncture and Chinese Herbal Therapies by the N.C.C.A. (National Commission for the Certification of Acupuncturists).

\*Low level (wattage) laser therapy is a safe and relatively simple treatment modality used with or as a substitute for acupuncture needles. This treatment involves the use of low powered red light to be utilized over specific acupuncture points on the body. It must be understood that while this device is currently considered as experimental by the F.D.A., there are no known risks associated with this device except for the potential risk of eye injury if the beam was directed into the eye and stared at for a prolonged period of time.

\*\*Medicinal/therapeutic herbs are utilized for the restoration and maintenance of health and are prescribed as bulk formulas for teas, pills/capsules, powders, and liquid tinctures. Only time-tested and GRAS (generally regarded as safe) herbs are utilized or recommended at this office.

Please feel free to discuss any questions or concerns you may have with the Doctor/Acupuncturists before signing this statement of policy.

I have read and understand the foregoing. Signature (Parent or guardian if a Minor) Date erede base, to outspect to fix to portuly and use of interest based and the state of the particular to the period of the state of the s